



Back by POPULAR Demand.....

Shake, Rattle & Roll



Shake, Rattle and Roll is an adapted dance program tailored to individuals with disabilities who love to dance, socialize and meet new people.

Whether you want to SHAKE and RATTLE your body
or simply ROLL with laughter,

Thursday evenings at the Carrillo Recreation Center dance studio is the
place to be!

Enrolling NOW winter & spring sessions!

Time: 4:30-5:30pm

Location: 100 E. Carrillo Street, 93101

Winter session (code 16928): 11/8-2/21

Fee: \$40.00 (13 classes), \$4.00 drop in

Spring session (code 16929): 2/28-5/23

Fee: \$40.00 (13 classes), \$4.00 drop in

Funky and fun themed classes that will really knock your
socks off instructed by:

Caszy Hebebrand and Yuri Takabatake!



CITY OF SANTA BARBARA
Parks & Recreation
Enriching People's Lives

Adapted Programs (805) 564-5421